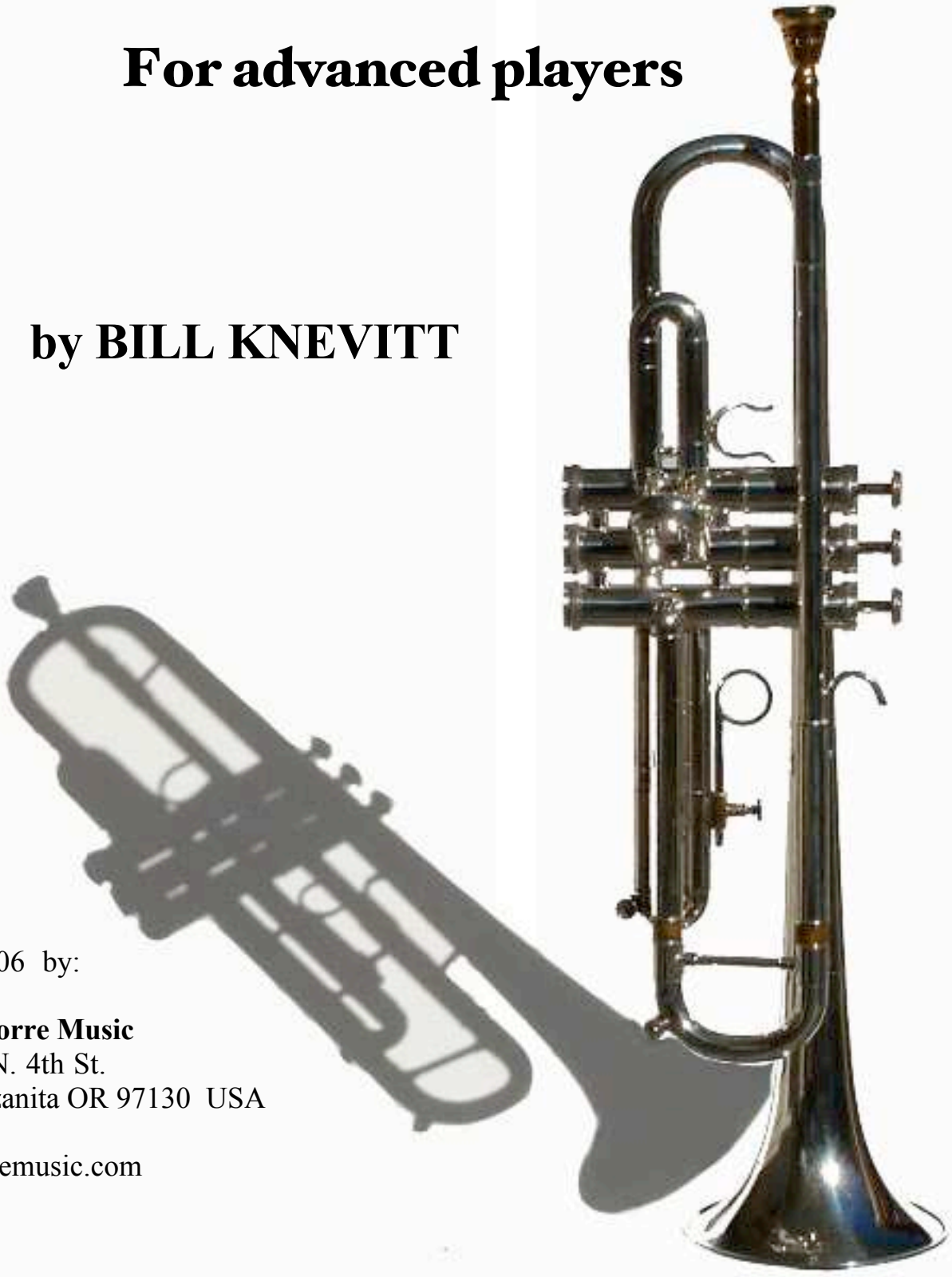
The Ultra-Trumpet Practice Routine

For advanced players



by BILL KNEVITT

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The Ultra-Trumpet Practice Routine For Advanced Players

Introduction

It is because so many players have written to ask me the question, "What do you practice on 'gig days' in place of a full routine?" that I am offering this *Ultra-Trumpet Practice Routine For Advanced Players.*

Here are a few comments that may be helpful to you:

1. Yes, I do play to high C right away. I find that too many players spend so much time warming up only in the lower register that they never do get a good "embouchure set" for the high register for that particular day.

2. I find that the Clarke "Setting Up Drills" offer a wonderful "feel" for the entire range of the instrument. I take them to the top F as written. You may take them as high as you are able to.

3. Remember, whenever **models** are suggested in this routine (such as the five models suggested for use with the "Setting Up Drills"), it does not mean that you should play that particular routine five times. Rather, use one model per week, a different model each day, or emphasize the ones you need the most.

4. You will notice that the **articulation** exercise doubles as a "Lip Relaxer" in this routine, since it goes into the lower register.

5. The **flexibility** exercises given here are quite advanced. There are many flexibility books available today, and most are quite good. If the exercises I have written here are too difficult, choose from any flexibility book, and work up to these. Be sure to carry each exercise down the seven valve combinations.

6. Parts V, VI, and VII are taken from my book *Ultra-Trumpet Technic Cycles*. They are wonderful exercises, since I wrote them myself. (A little humor there; very little!)

I do hope this *Ultra-Trumpet Practice Routine* is helpful to you. If it is, please write and tell me. Or write and ask me any questions you like. I love to hear from trumpet players!

My best wishes to you, and may you enjoy continued growth and success as a trumpet player!

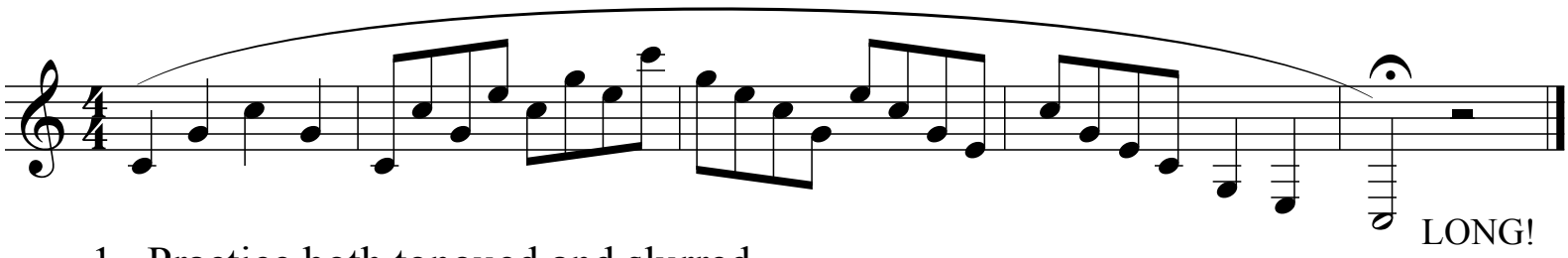
-Bill Knevitt

Postscript from Bob La Torre: Thank you very much for your interest in Bill's materials. Since Bill passed away in July 2009, you may feel free to address any questions and comments to me at bob_latorre@hotmail.com. I will try to answer any questions you have about Bill's books, and like Bill and most trumpet players, I love to "talk shop!"

THE ULTRA-TRUMPET PRACTICE ROUTINE

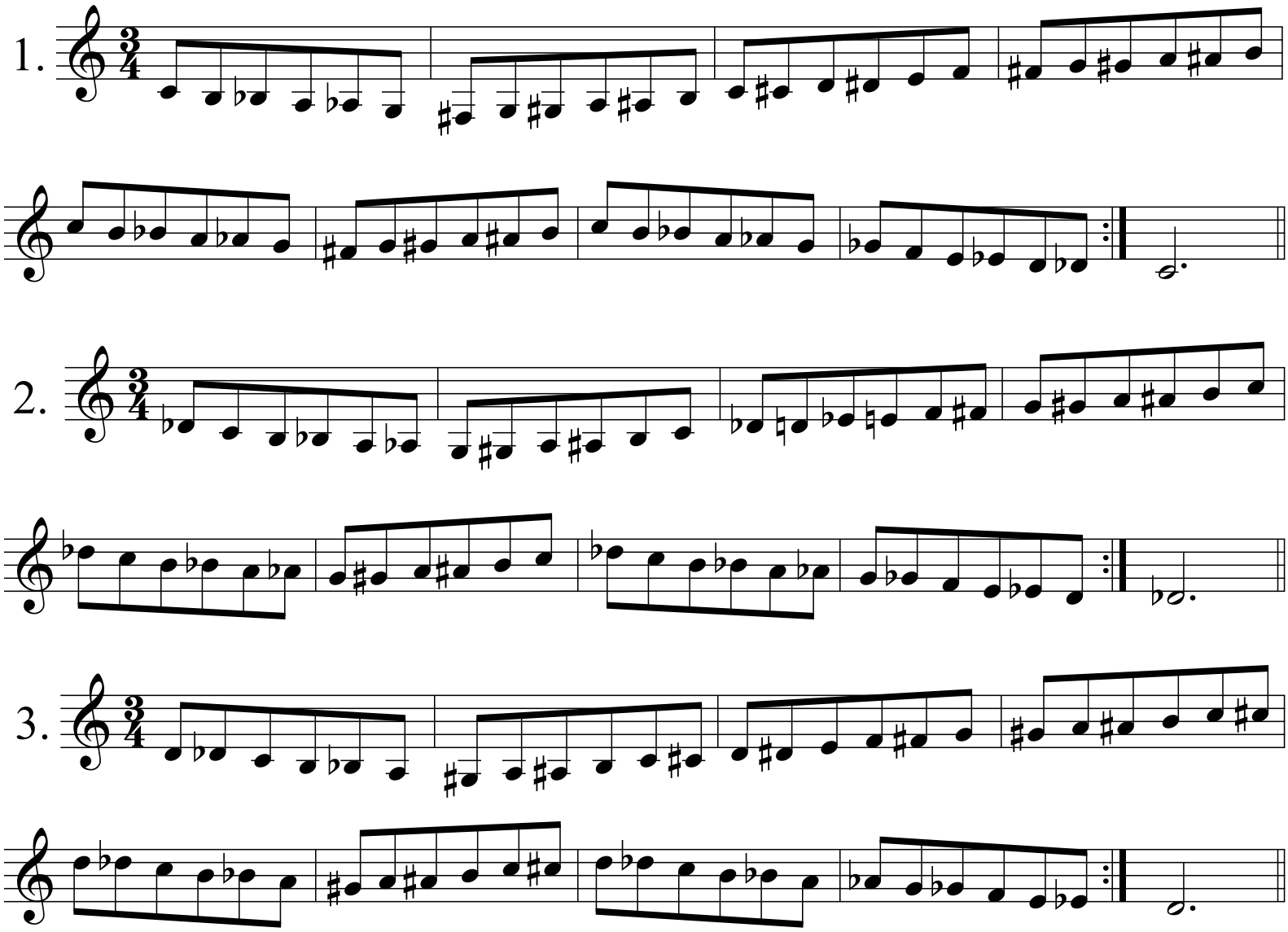
FOR ADVANCED PLAYERS

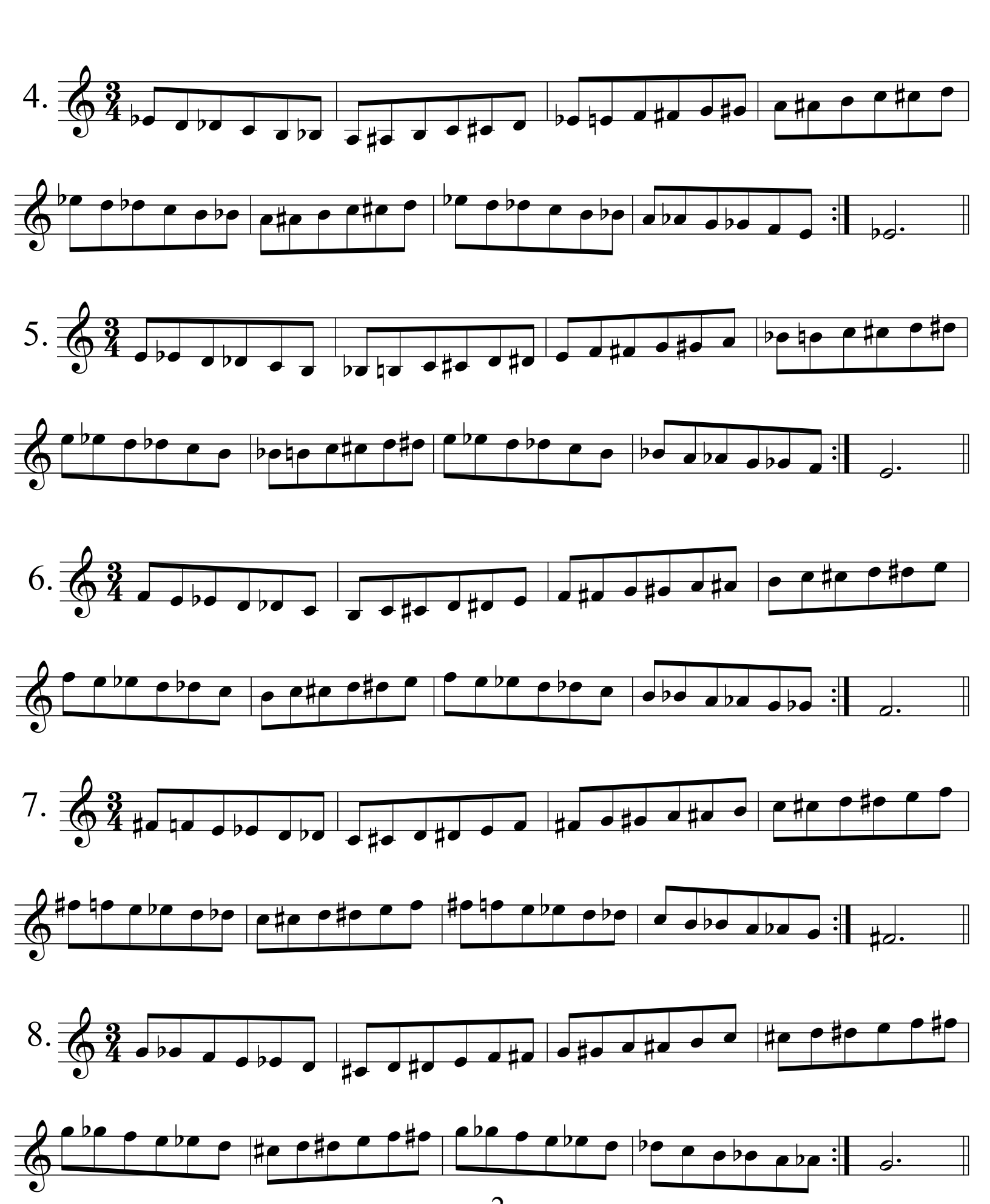
PART I. WARM-UP.



1. Practice both tongued and slurred.
2. Carry down 7 valve combinations.

PART II. CLARKE "SETTING UP DRILLS".

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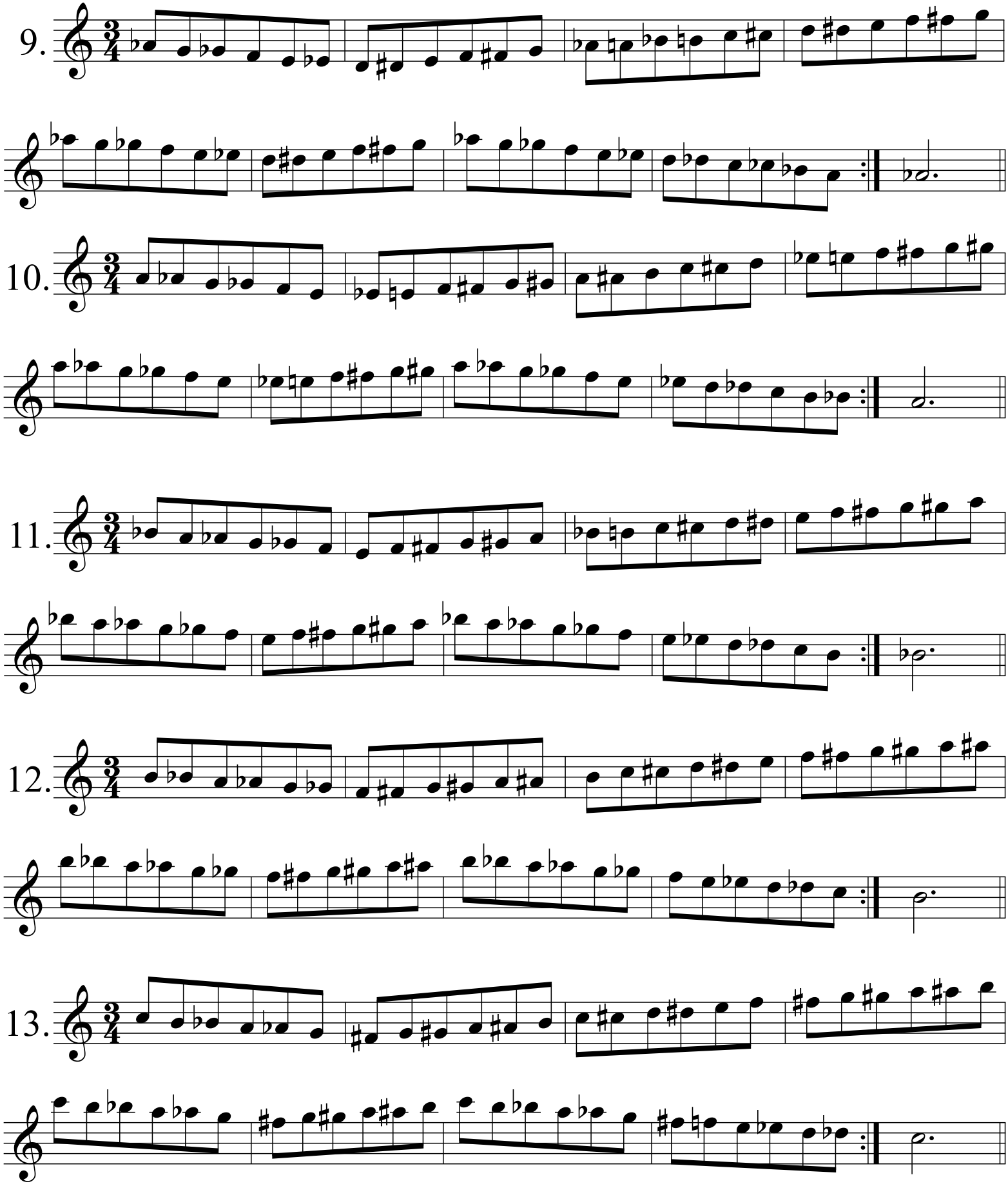
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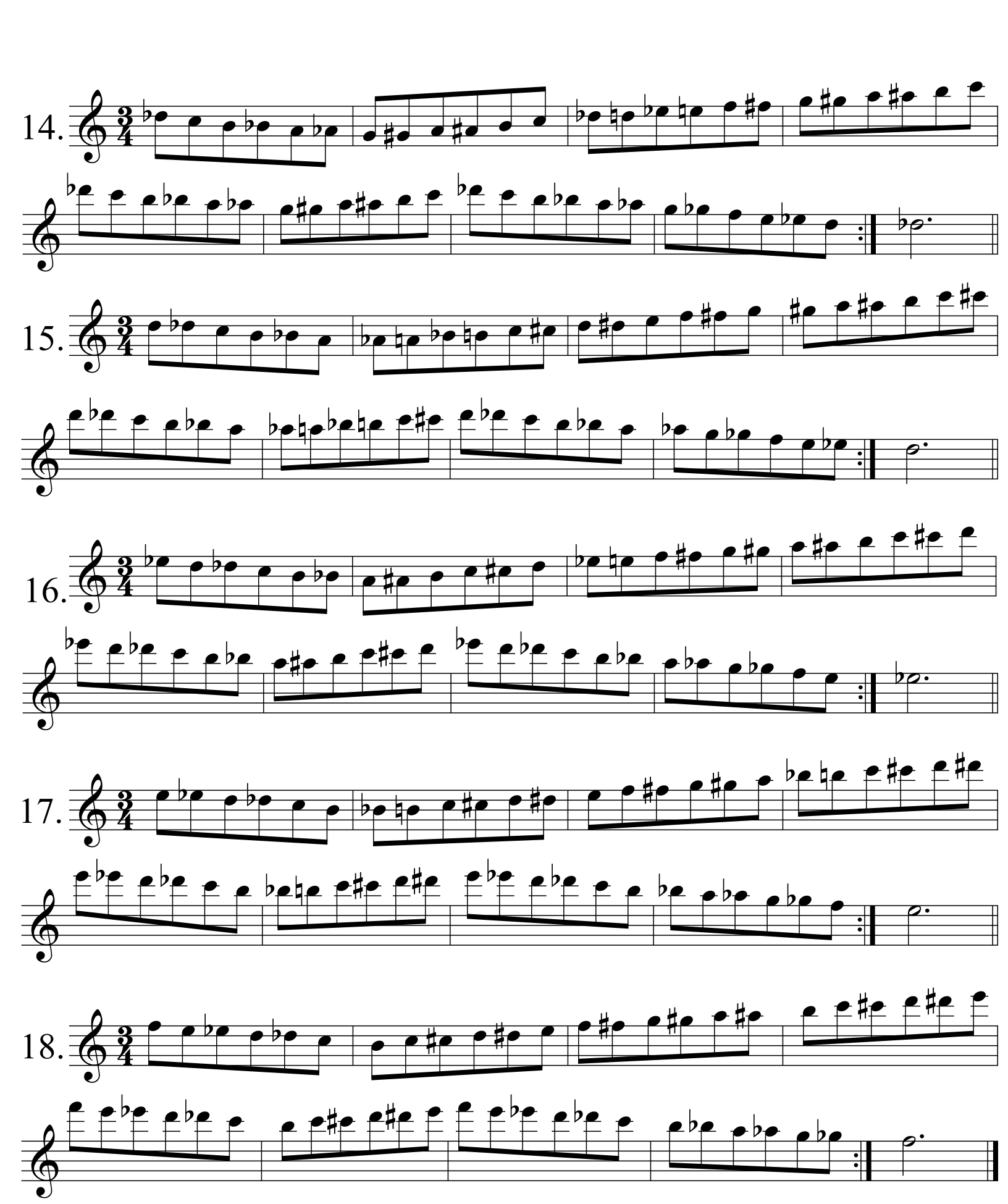
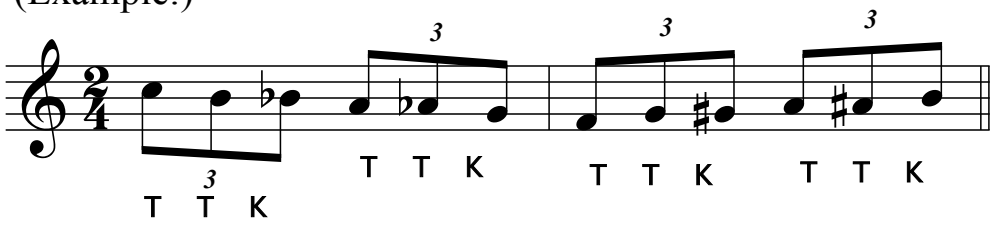

14.
15.
16.
17.
18.

Models to use with “Setting Up Drills”:

1. Single tongue
2. “K” tongue
3. Double tongue
4. Triple tongue

(Example:)

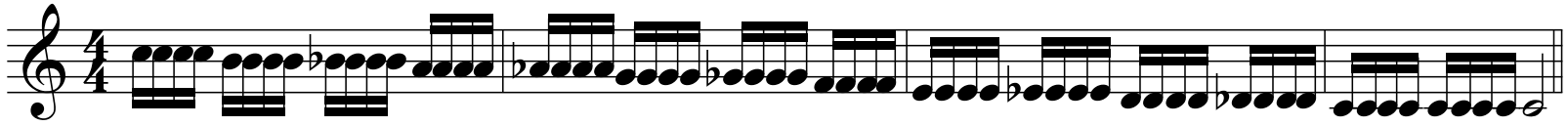


5. Slur (4 times in one breath)

Depending on your strengths and weaknesses, you may stay with one model per week, alternate days, etc.

PART III. ARTICULATION.

1.



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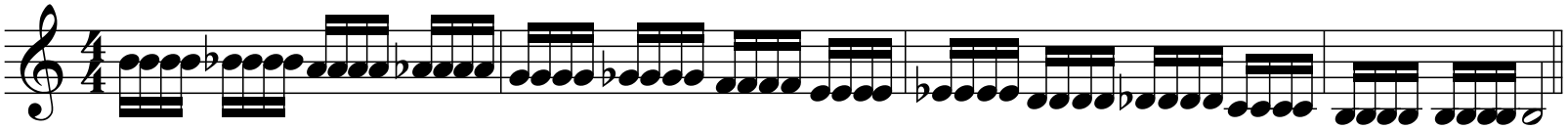

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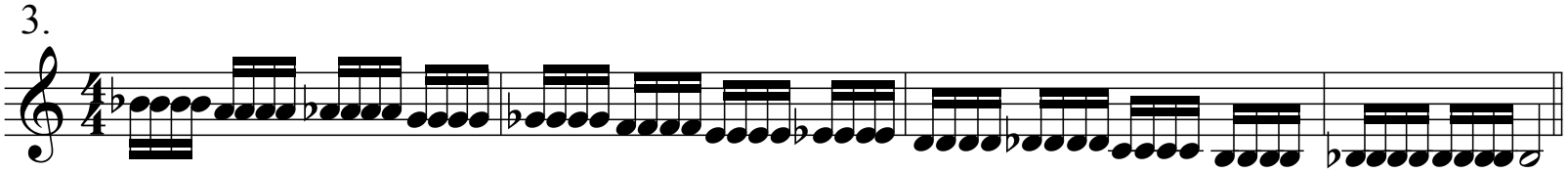

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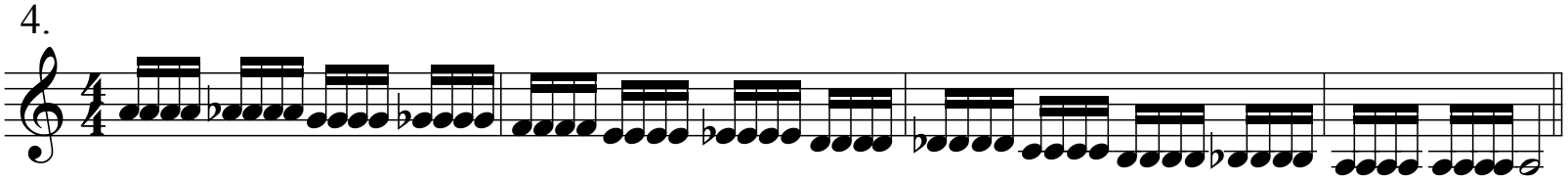

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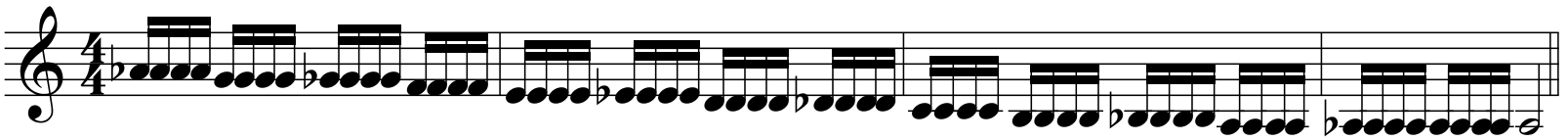

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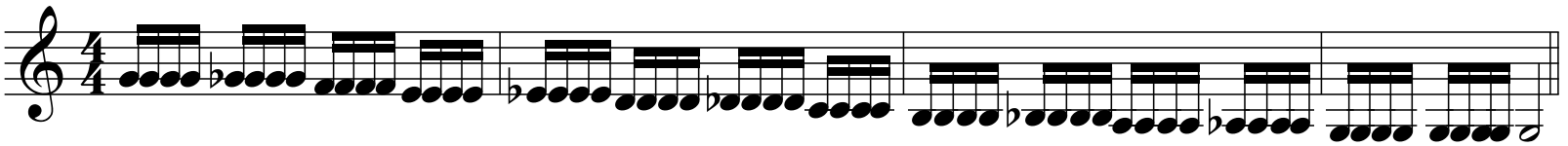

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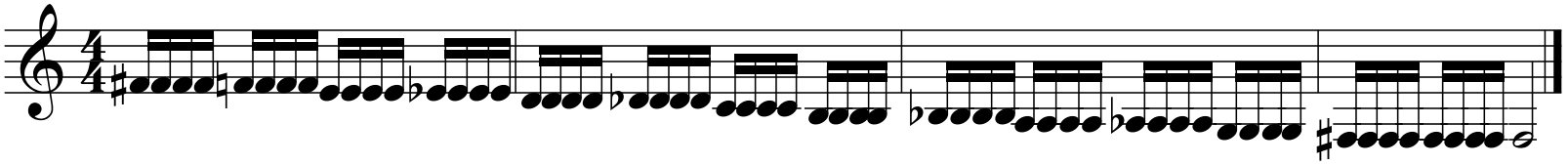
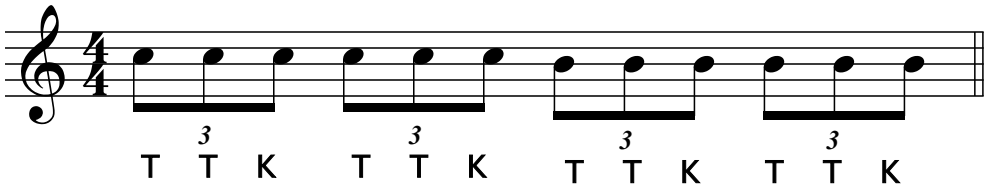


Models:

1. Single tongue
2. “K” tongue
3. Double tongue
4. Triple tongue

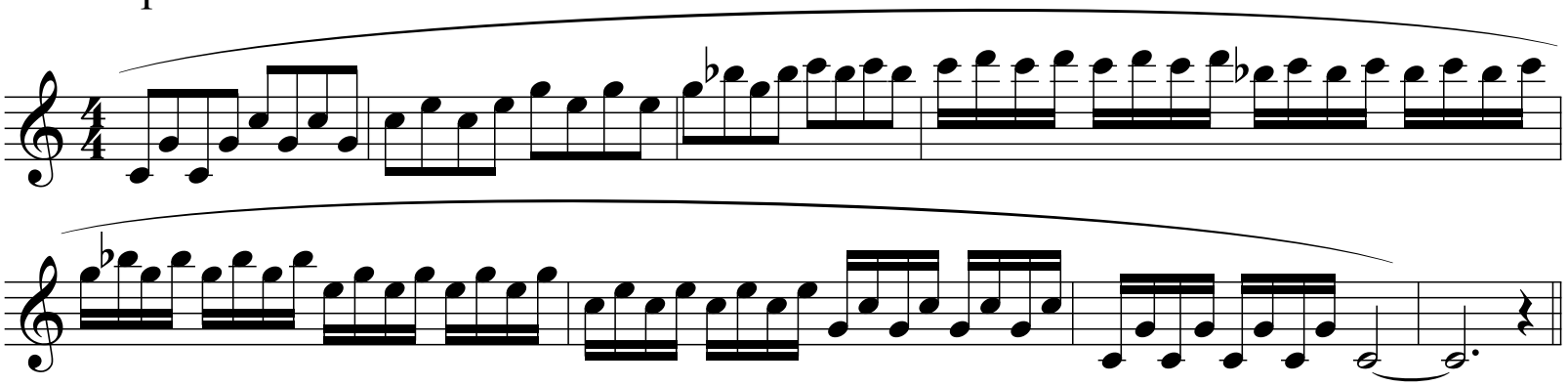
(Example:)



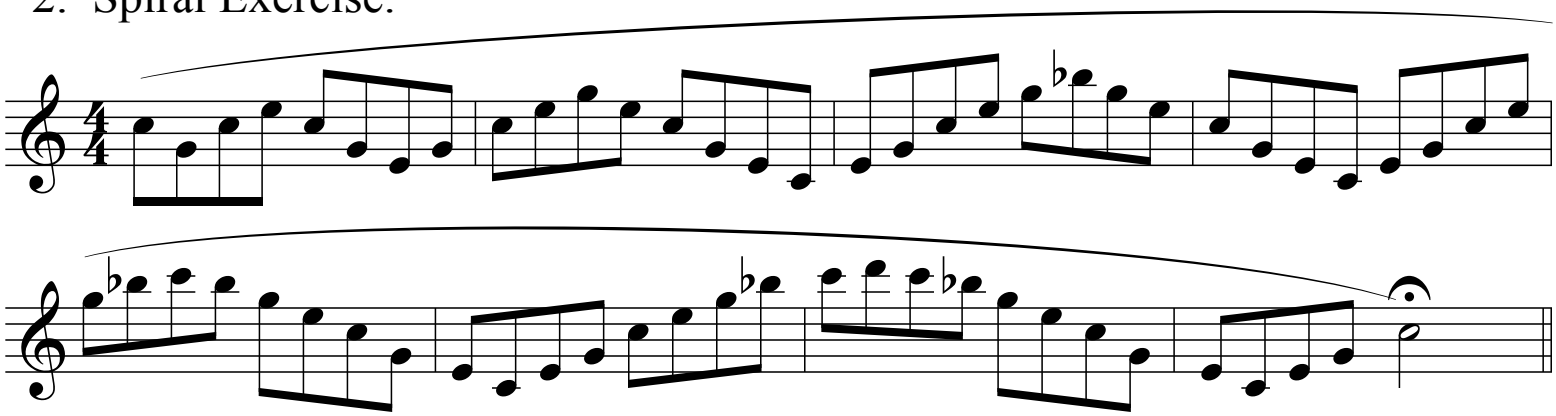
Alternate models as you did in Part II.

PART IV. FLEXIBILITY.

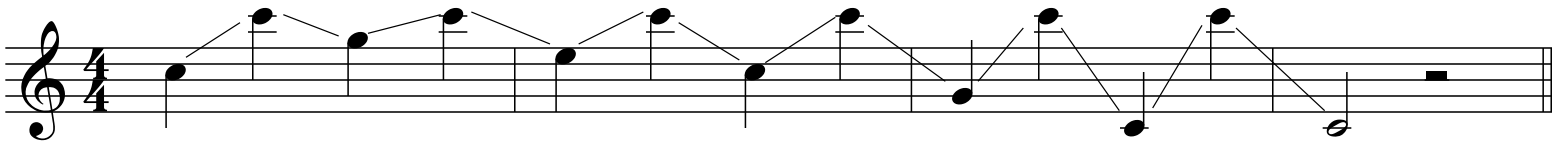
1. Lip Trill Exercise.



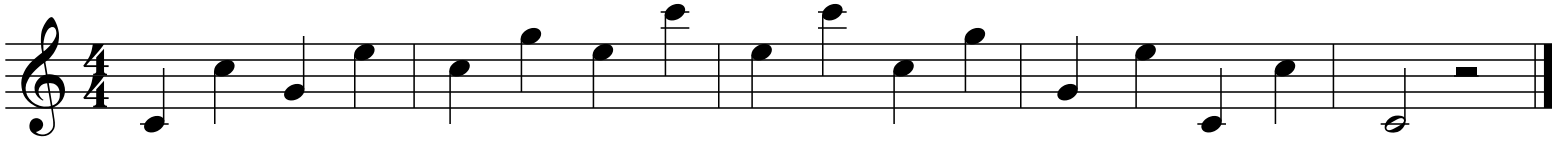
2. Spiral Exercise.



3. Glissando Exercise.



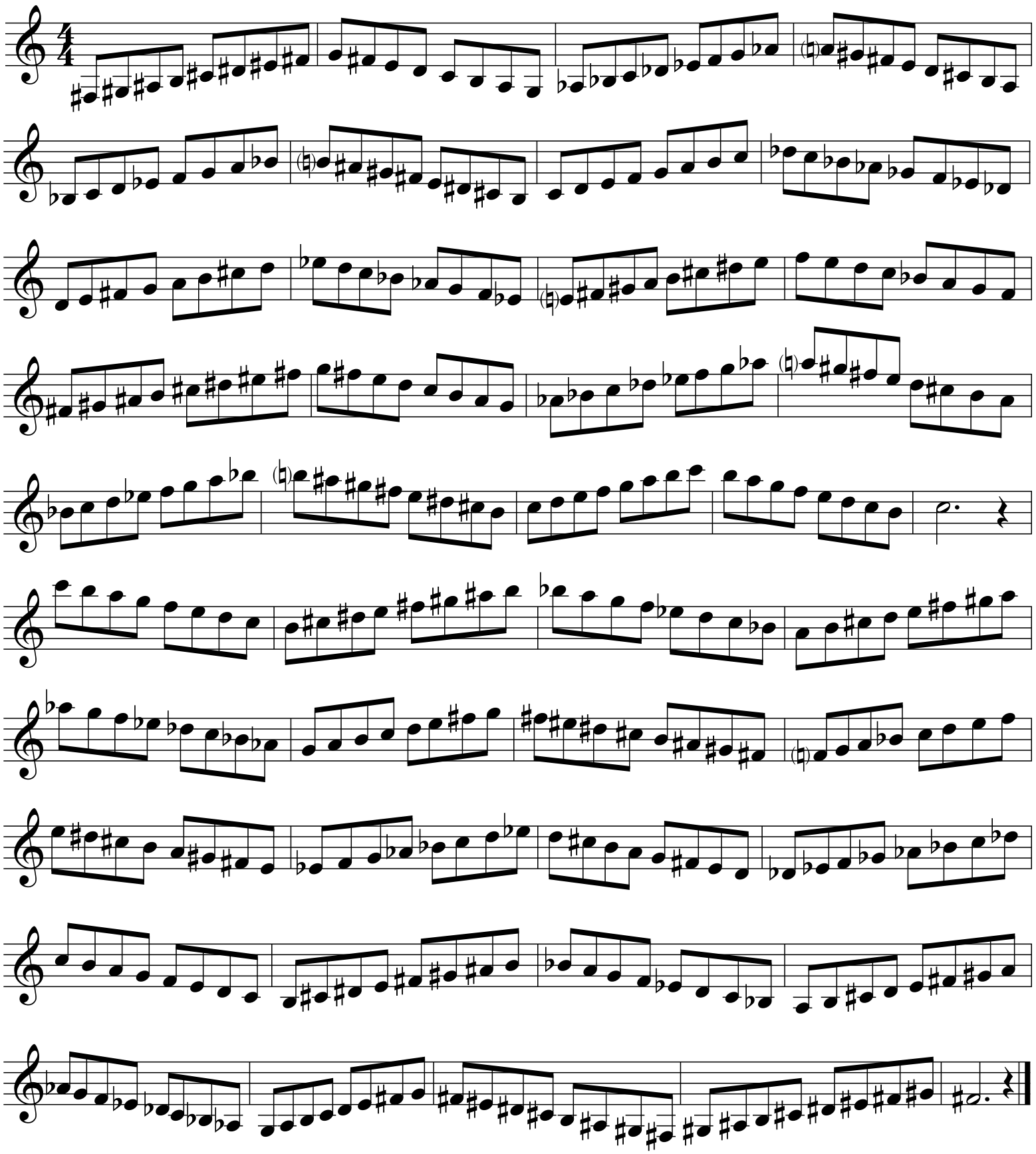
4. Tongue Level Exercise.



(Tongue and slur No. 4.)

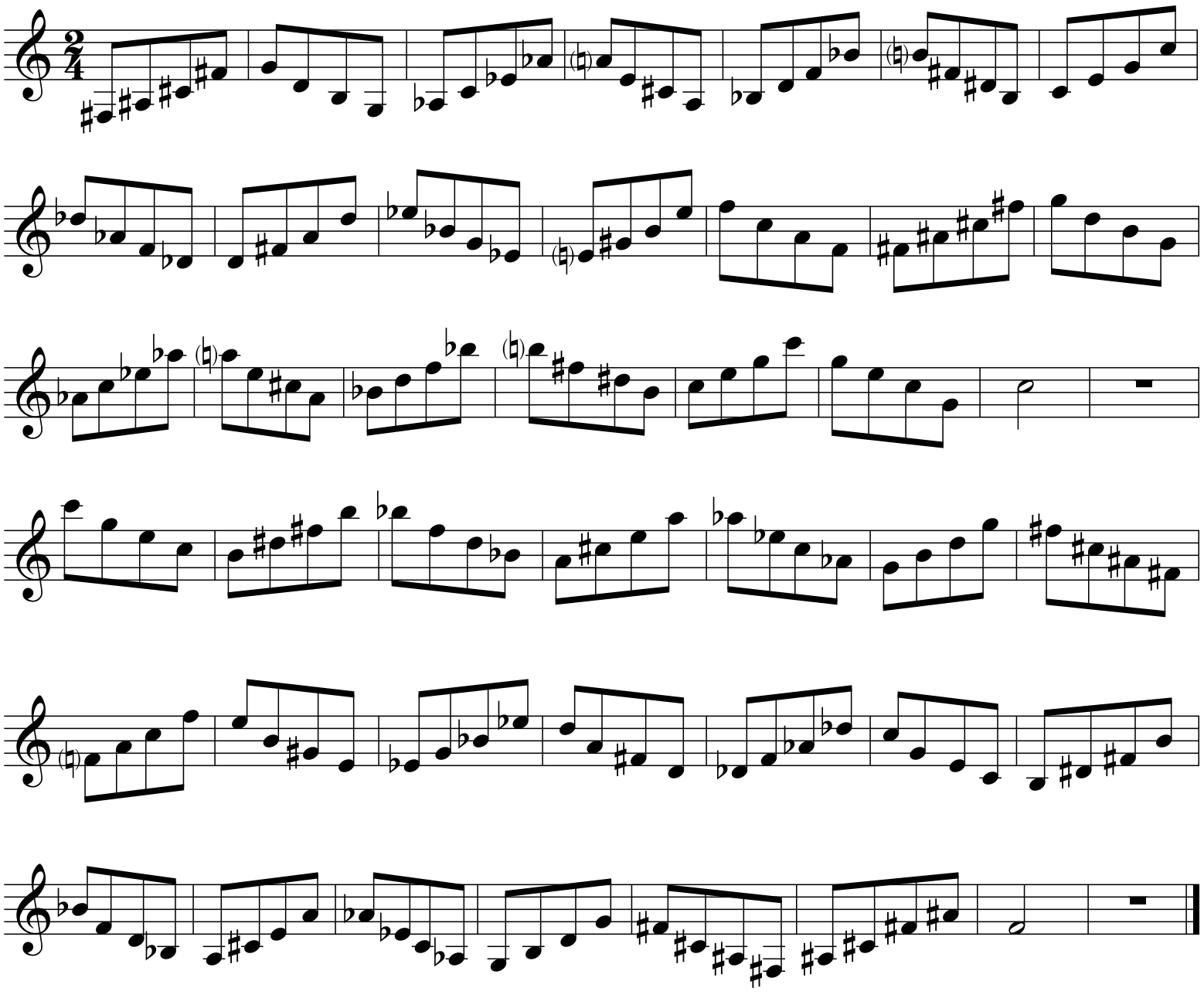
1. Think “TAW - EE - AW - EE.”
2. “Kick” top notes.
3. Practice slowly at first, then work for speed.
4. Carry each exercise down 7 valve combinations.

PART V. MAJOR SCALE CYCLES.



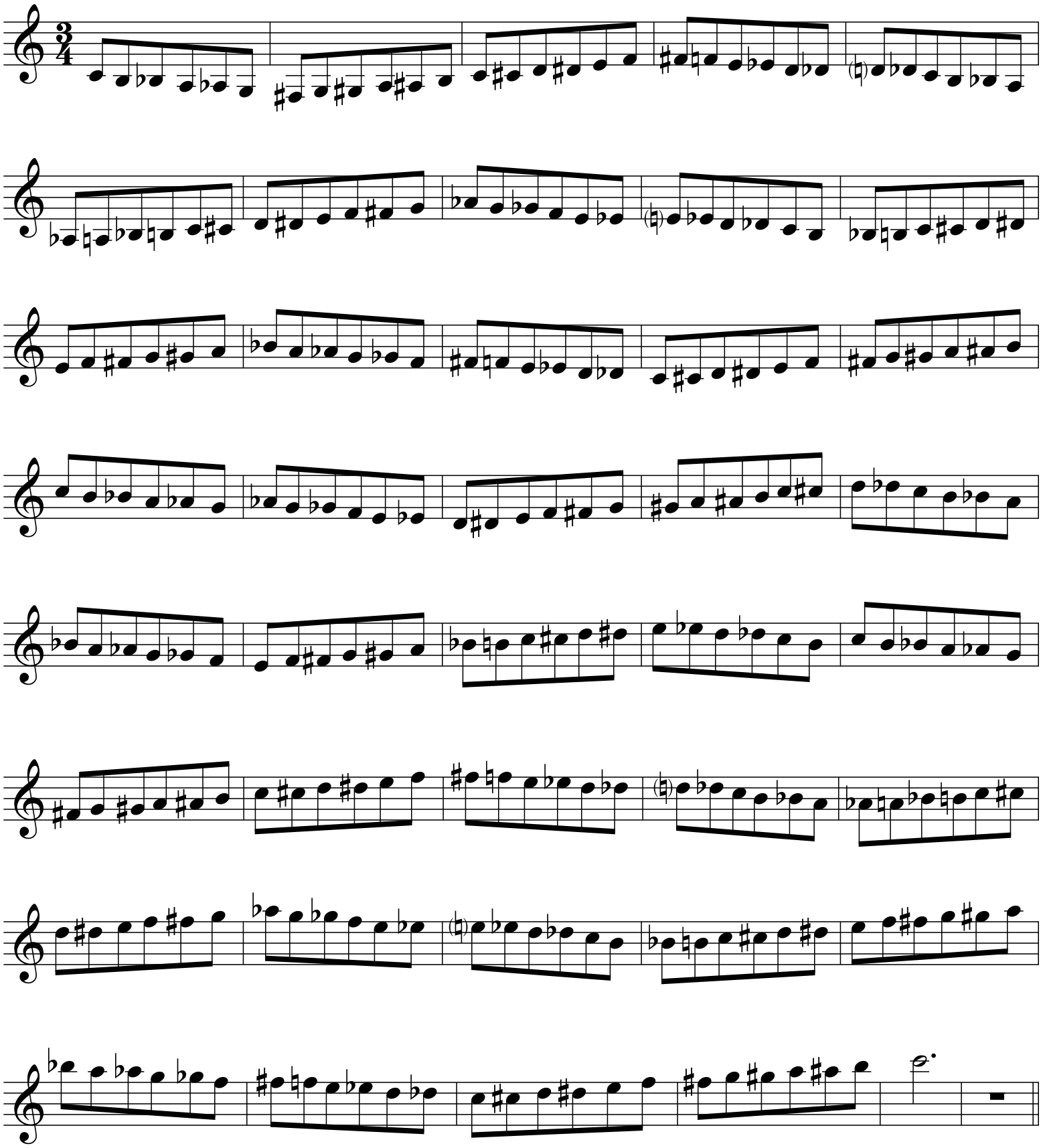
Models: 1. Single tongue
2. "K" tongue
3. Double tongue
4. Slur

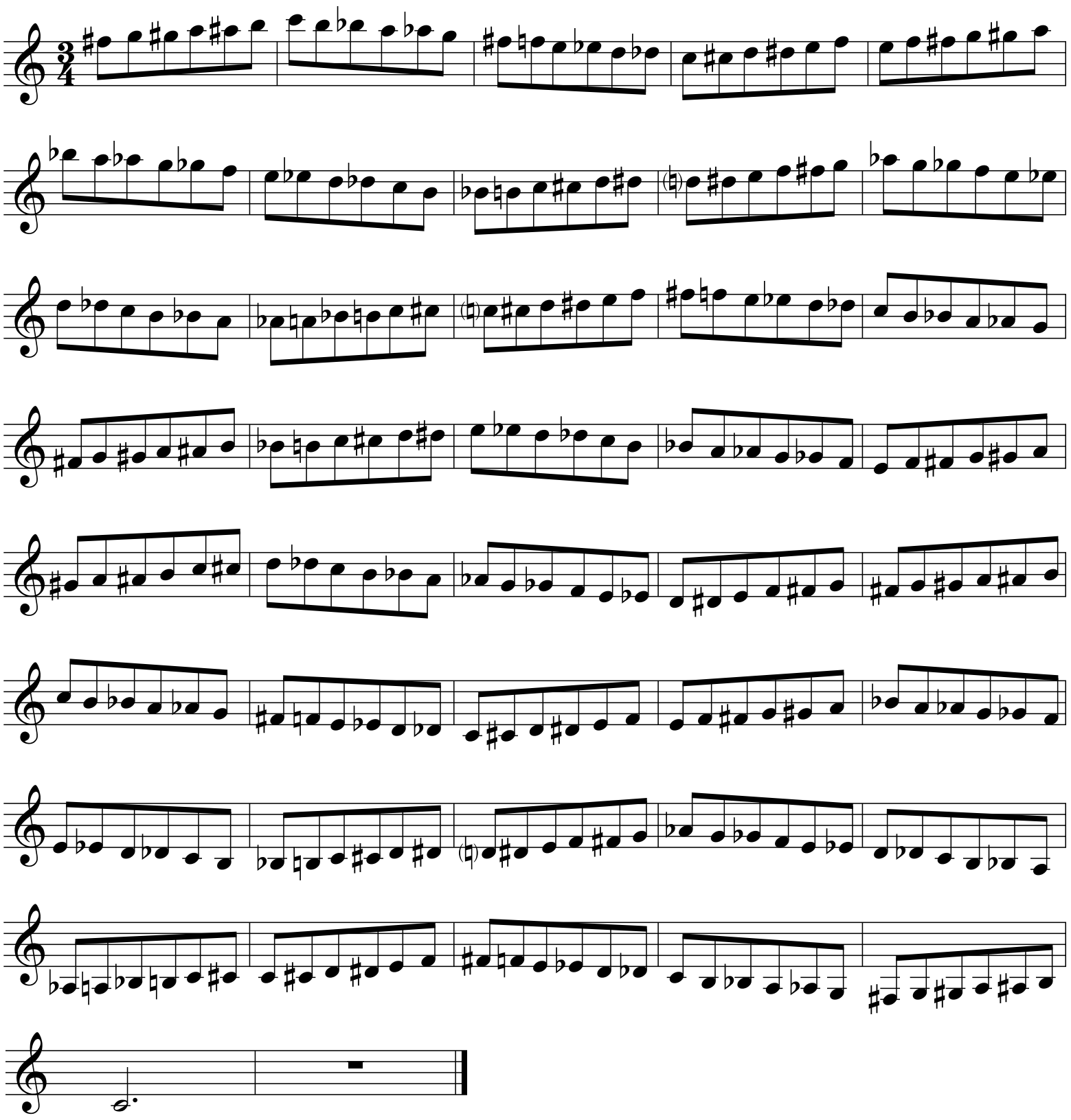
PART VI. MAJOR CHORD CYCLES.



Models:
1. Single tongue
2. “K” tongue
3. Double tongue
4. Slur

PART VII. CHROMATIC CYCLES.





Models:
1. Single tongue
2. “K” tongue
3. Double tongue
4. Triple tongue (2/4 meter, play in triplets)
5. Slur